

# COVID-19 Competitor Guidance

Updated:26/03/21

The following important guidance is supplied to support competitors attending motorsport events:

## Before the event

- Please stay at home if you know you have been exposed to COVID-19 in the previous 10 days, if you are showing symptoms as indicated in Government guidelines, or if you suspect you might be infected and are awaiting results of a coronavirus test
- Before an event, please complete the electronic self-declaration form, including the details of your team members for Test and Trace purposes. If you become ill at an event, please withdraw and notify the organiser and contact the NHS for a test
- **Remember to take with you:**  
PPE mask/balaclava – Gloves - Hand sanitizer - Basic first aid kit - Your own food/drink
- Please complete the vehicle and PPE declaration before you arrive at an event. Scrutineers will be undertaking selected checks. For any doubts about compliance, contact the club scrutineer before the event
- Check the SRs or Final Instructions for the Judicial and Results Procedures to be adopted. All documents will be electronic including results. Appeal and Protest forms are online at <https://www.motorsportuk.org/resource-centre/document-library/>

## At the event

Please make sure you:

- Wear a face covering
- Respect social distancing at all times
- Keep your working areas well-ventilated (e.g. do not fully enclose an awning as a working space)
- Avoid touching fixed equipment including gates, barriers or benches
- If you are involved in an incident you MUST indicate to the marshal if you are OK by signalling with a thumbs-up at the front of your vehicle. If you can safely exit your vehicle, do so and then stand in a suitable location

## After the event

- Protest and Appeal Fees are to be paid direct to Motorsport UK within 48 hours of the Event and any fines are to be paid within 7 days of the Event direct to Motorsport UK. Please call Motorsport UK 01753 765000 within these timescales to make your payments. There will be no provision at the Event to make these payments.

For further information about your specific discipline/event, visit the Motorsport UK website for more details:

[www.motorsportuk.org/restart](http://www.motorsportuk.org/restart)